



Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>1</b></p> <p>11:30-1:00 Advocacy Office <b>12-1 Lunch</b> 1-3(Enviro.Gar.Lea.Tra) 1:30-3 Visual Art Program 3:30-6pm CHIRS Community Kitchen</p> <p><b>MAY DAY</b> </p>	<p><b>2</b></p> <p><b>No breakfast or lunch</b> Culinary Enterprise Training CET 10-12</p> <p>1-3 Knitting Club</p>	<p><b>3</b></p> <p>9:30-11 Learn an Instrument 10-11:30 40 Oak Window Gardening &amp; Compost Work Bee 11-11:45 Walking/Running Club 11:30-1:00 Advocacy Office <b>12-1 Lunch</b> 3-5:30 Supper Club Community Kitchen</p>	<p><b>4</b></p> <p><b>9-10 Breakfast</b> 10-12:30 COTA Drop In <b>12-1 Lunch</b> 12:30-1:30 Community Worship Service 1-2 AA Meeting 4-7 Cook Ahead Community Kitchen</p>
<p><b>7</b></p> <p><b>9-10 Breakfast</b> 10-11:30 BINGO 11:30-1:00 Advocacy Office 11:30-12:30 Ask an Advocate Table <b>12-1 Lunch</b></p>	<p><b>8</b></p> <p>11:30-1:00 Advocacy Office <b>12-1 Lunch</b> 1-3(Enviro.Gar.Lea.Tra) 1:30-3 Visual Art Program</p>	<p><b>9</b></p> <p><b>No breakfast or lunch</b> Culinary Enterprise Training CET 10-12</p> <p>1-3 Knitting Club 12-4pm Food and the City Trip: Little India</p>	<p><b>10</b></p> <p>9:30-11 Learn an Instrument 10-11:30 40 Oak Window Gardening &amp; Compost Work Bee 11-11:45 Walking/Running Club 11:30-1:00 Advocacy Office <b>12-1 Lunch</b></p>	<p><b>11</b></p> <p><b>9-10 Breakfast</b> 10-12:30 COTA Drop In <b>12-1 Lunch</b> 12:30-1:30 Community Worship Service 1-2 AA Meeting 4-7 Cook Ahead Community Kitchen</p>
<p><b>14</b></p> <p><b>9-10 Breakfast</b> 10-11:30 BINGO 11:30-1:00 Advocacy Office 11:30-12:30 Ask an Advocate Table <b>12-1 Lunch</b></p>	<p><b>15</b></p> <p>11:30-1:00 Advocacy Office <b>12-1 Lunch</b> 1-3(E.G.L Training) 1:30-3 Visual Art Program 5:30-7 Solidarity Supper 4-6pm Kids Cook and Grow</p>	<p><b>16</b></p> <p><b>No breakfast or lunch</b> Culinary Enterprise Training CET 10-12</p> <p>1-3 Knitting Club 4-7pm The Harm Reduction Community Kitchen @ the RP CHC (off site)</p>	<p><b>17</b></p> <p>9:30-11 Learn an Instrument 10-11:30 40 Oak Window Gardening &amp; Compost Work Bee 11-11:45 Walking/Running Club 11:30-1:00 Advocacy Office <b>12-1 Lunch</b></p>	<p><b>18</b></p> <p><b>9-10 Breakfast</b> 10-12:30 COTA Drop In <b>12-1 Lunch</b> 12:30-1:30 Community Worship Service 1-2 AA Meeting 4-7 Cook Ahead Community Kitchen</p>
<p><b>21</b></p> <p>Closed for Victoria Day </p>	<p><b>22</b></p> <p><b>9-10 Breakfast</b> 10-11:30 BINGO 11:30-1:00 Advocacy Office 11:30-12:30 Ask an Advocate Table <b>12-1 Lunch</b> 4-6pm Kids Cook and Grow</p>	<p><b>23</b></p> <p><b>No breakfast or lunch</b> <b>1-3 Garden Registration</b> Culinary Enterprise Training CET 10-12</p> <p>1-3 Knitting Club</p>	<p><b>24</b></p> <p>9:30-11 Learn an Instrument 10-11:30 40 Oak Window Gardening &amp; Compost Work Bee 11-11:45 Walking/Running Club 11:30-1:00 Advocacy Office <b>12-1 Lunch</b></p>	<p><b>25</b></p> <p><b>9-10 Breakfast</b> 10-12:30 COTA Drop In <b>12-1 Lunch</b> 12:30-1:30 Community Worship Service 1-2 AA Meeting 4-7 Cook Ahead Community Kitchen</p>
<p><b>28</b></p> <p><b>9-10 Breakfast</b> 10-11:30 BINGO 11:30-1:00 Advocacy Office 11:30-12:30 Ask an Advocate Table <b>12-1 Lunch</b></p>	<p><b>29</b></p> <p>11:30-1:00 Advocacy Office <b>12-1 Lunch</b> 1:30-3 Visual Art Program 4-6pm Kids Cook and Grow</p>	<p><b>30</b></p> <p><b>No breakfast or lunch</b> <b>1-3 Garden Registration</b> Culinary Enterprise Training CET 10-12</p> <p>1-3 Knitting Club 1-4pm Pack a Perfect Picnic Workshop</p>	<p><b>31</b></p> <p>9:30-11 Learn an Instrument 10-11:30 40 Oak Window Gardening &amp; Compost Work Bee 11-11:45 Walking/Running Club 11:30-1:00 Advocacy Office <b>12-1 Lunch</b></p>	
<p>Saturday Dinner Church in the City CRC, 40 Oak Street 5-6:30pm</p>	<p>Sunday Regent Meals Muslim Welfare Centre CRC, 40 Oak Street 11:30-1pm</p>		<p><b>Food of the Month:</b> SEEDS</p>	<p>Housing Drop-in Hours: Tue: 9:30-11:30am Thu: 9:30-11:30am  First come first serve.</p>