



Regent Park
COMMUNITY FOOD CENTRE

NEWS RELEASE

For Immediate Release

Regent Park festival spotlights a community you probably *don't* know

Taste of Regent Park a celebration of local food, diversity, talent

TORONTO, July 18, 2017 – CRC | Regent Park Community Food Centre's *Taste of Regent Park* is now in full swing, offering a weekly family- and hipster-friendly festival of the community's unsung best and brightest.

Part food festival, part world bazaar, *Taste of Regent Park*, now in its third year, brings together an array of the downtown east's talented food community, craft vendors, and entertainers each Wednesday at 5 p.m. through August 30 in the neighbourhood's namesake green space. (Dundas St. E at Sackville St.) Neighbours can visit for a wide array of locally-sourced fruits, veggies, breads, prepared world foods, and artisanal goods at the event's produce market; live music, dance, workshops, and children's activities; pay-what-you-can community meals prepared by different local caterers each week; and screenings of family-friendly films through August 16, provided courtesy of the Regent Park Film Festival.

Initially the brainchild of long-time CRC|RPCFC partner The Daniels Corporation, *Taste of Regent Park* is an opportunity to bolster access to good food, offer support to local enterprise, and foster community-building in Regent Park, currently in the midst of a 15- to 20-year neighbourhood revitalization. While Regent Park and the adjacent downtown east often receive attention for lingering challenges, Cavell Hart, *Taste of Regent Park* Team Lead shared, "The festival is a *positive* showcase of the talents, skills, and sheer vibrancy of this broadly diverse neighbourhood. Good food – and fun – brings people together, breaks down barriers, and ultimately builds stronger communities."

With each weekly affair featuring a theme, July 19's *Taste of Regent Park* will welcome attendees to enjoy "A Day at the Beach." Highlights will include Toronto-based reggae act Syd Perry and a fresh fruit smoothie-making demonstration care of Charlie's FreeWheels' Bicycle Blender. A screening of Disney's *Moana* will follow. Coming weeks' themes include:

- July 26: "Where the Wild Ones Are" – w/ screening of *Hunt for the Wilderpeople*
- Aug 2: "Bollywood Glamour" – w/ screening of *Jaane Tu... Ya Jaane Na*
- Aug 9: "Estate Italiana" – w/ screening of *The Bicycle Thieves*
- Aug 16: "The Hero in You" – w/ screening of *Hidden Figures*
- August 23: "Heart and Soul" – w/ "Science of the Circus" workshop led by SciCommTO
- August 30: "Join the Circus" – w/ group run led by Run Regent

What: Taste of Regent Park

Where: Regent Park, northeast corner of Dundas St. E and Sackville St., Toronto

When: Wednesdays to August 30

- 5 p.m.: Produce Market;
- 6 p.m.: Community Meal;
- 7 p.m.: Under the Stars: Movies in the Park.
- *Media interviews available weekly 5-6 p.m.*

Who: Regent Park-area vendors, artisans, entertainers

Taste of Regent Park is free and open to the public. Community meals served with suggested \$4 donation.

About CRC | Regent Park Community Food Centre:

CRC is a multiservice poverty-relief and capacity-building agency operating in Toronto's Regent Park community since 1964. Serving a neighbourhood distinct in Canada as home to the country's oldest social housing development and its densest concentration of children living in poverty (58%), CRC provides a suite of services, including 87 deeply affordable housing units; a beautifully maintained 5000-square-foot drop-in space; supports to social enterprise and local upstarts; and the Regent Park Community Food Centre, one of eight national facilities affiliated with Community Food Centres Canada, serving more than 65,000 nutrient-dense meals annually, supporting 187 community gardens, offering year-round food skills/food literacy programming, and providing antipoverty peer advocacy supports.

To learn more, follow us on Twitter @TasteofRP, Facebook @TasteofRegentPark, or visit www.tcrc.ca.

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